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COLLEGE & CAREER READINESS

- Exploring strengths & interests
- College and career exploration and planning
- Successful grade-level & post-secondary transitions
- Financial planning
- Developing soft skills/job skills
- Forecasting/course planning

SOCIAL SKILLS / SOCIAL ACTION

- Friendship/relationship skills
- Bullying and violence prevention
- Conflict resolution/restorative practices
- Anti-bias/diversity education
- Decision-making

SELF-AWARENESS / SELF-MANAGEMENT

- Identifying and communicating emotions & needs
- Emotional regulation skills
- Mindfulness
- Suicide prevention
- Grief/loss
- Trauma-informed practice
- Character education

SCHOOL ENGAGEMENT / LEARNING ACQUISITION

- Study skills & organization
- Executive functioning-skills
- Self-motivation
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