



**3.50.040-AD Practice Schedules**

- (1) **Practice shall not exceed a total of two and one-half hours in any sport.**  
Students shall not be excused from classes for practice.
- (2) **Practice is allowed on in-service days, after the in-service has been completed and with the permission of the building principal.** Practices may be scheduled on Saturdays and during scheduled school breaks with the approval of the Director of Athletics.
- (3) **Practices must occur with the calendar dates established annually by the OSAA and additionally, as may seem necessary, by the district.**
- (4) **No student may be permitted to practice with the team or squad unless he/she is a student regularly enrolled in the school.**
- (5) **Exceptions:**
  - (a) A home school student is eligible to participate at the school in the attendance area in which the student resides;
  - (b) A student attending a private school that is a member of the OSAA but